

# Shepperton Triple Challenge

Division 3/4 Slalom, Sprint & Classic: One Weekend.  
One River. Limitless Possibilities.

**Dates:** Saturday 24th – Monday 26th May 2025

**Location:** Shepperton Weir, TW17 9LH

**Hosted by:** The Sharks

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## Event Overview

This May Bank Holiday, The Sharks return to Shepperton with an unmissable weekend of racing, community, and riverside energy. The **Shepperton Triple Challenge** brings together **Canoe Slalom (Divisions 3 & 4)** and the **London Regional Wild Water Racing Championships** across three days of racing and development. This is not just a competition — it's a chance to train, test yourself, and grow alongside paddlers of all levels.

Whether you're chasing a personal best, racing for the first time, or trying a new discipline — this weekend is about **confidence, connection, and challenge**. With coached sessions, supportive guidance, and a welcoming riverside atmosphere, paddlers are encouraged to step up, switch it up, and paddle with purpose.

To make the most of the long weekend, **free riverside camping** is available from Friday to Monday. It's a brilliant opportunity to paddle more, relax by the water, and share the weekend with club-mates, family, and new friends.

With slalom runs, team events, Wild Water Racing sprints, and classic races all on offer, **paddlers will have multiple chances to develop skills, compete, and most importantly — have a blast on the water.**

***Get ready to charge the gates and ride the river!***

# Saturday 24th May – Slalom Training & Classic River Race

*Kick off the weekend by building technique, control, and confidence on the water.*

## Morning – Coached Slalom Sessions | 11:00am–2:00pm

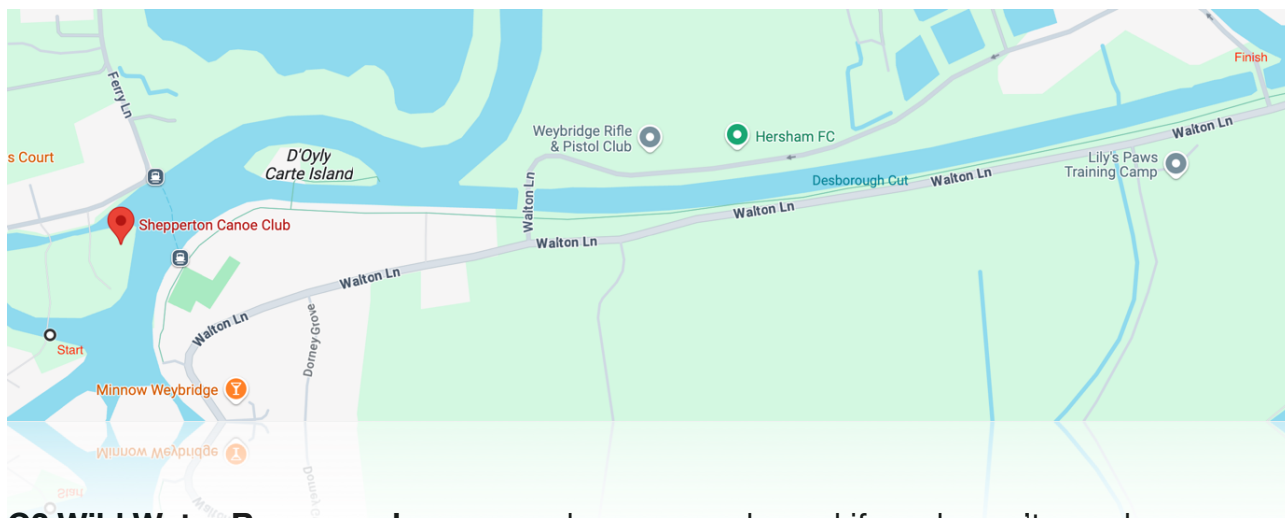
The slalom course will come alive with structured, supportive coaching sessions tailored for new and developing paddlers. These sessions will be split into groups, with participants encouraged to explore **all disciplines**:

- Master the gates in **K1**
- Step up the challenge in **C1**
- Grab a partner (or rival!) and take on the **ultimate C2 course**

Whether you're new to the water or refining race-day skills, these sessions focus on **building confidence and exploring the thrill of slalom racing.**

## Afternoon – Classic River Race | 3:00pm Start

Part of the **London Regional Wild Water Racing Championships**, the Classic takes paddlers on a fast-flowing 3km stretch from Shepperton Weir to the downstream bridge. The river offers great variety, moving water, and a chance to put fitness and control to the test.



**C2 Wild Water Racers welcome** – and encouraged – and if you haven't raced one before, this is your chance to try! It's fast, it's exciting, and it's a brilliant experience. Grab your teammates, rally your club, and get ready for some Wild Water **ACTION!**

**Note:** All boats may race, but only those that conform to WWR rules will be ranked.

**Race start:** 15:00 | **Check in:** 10:00 onwards | **Brief time:** 13:30

**Start:** Shepperton Weir | **Finish:** Walton Lane Bridge

**Cost for Saturday:** £7.20 – includes both slalom coaching and river racing

**Prize Giving:** Immediately after the Classic River Race

**Free Practice:** The slalom course will be open outside of coached/race times

## Sunday 25th May – Division 3 & 4 Slalom + Sprint River Race

### Slalom Racing | Starts from 12:00pm (TBC based on entries)

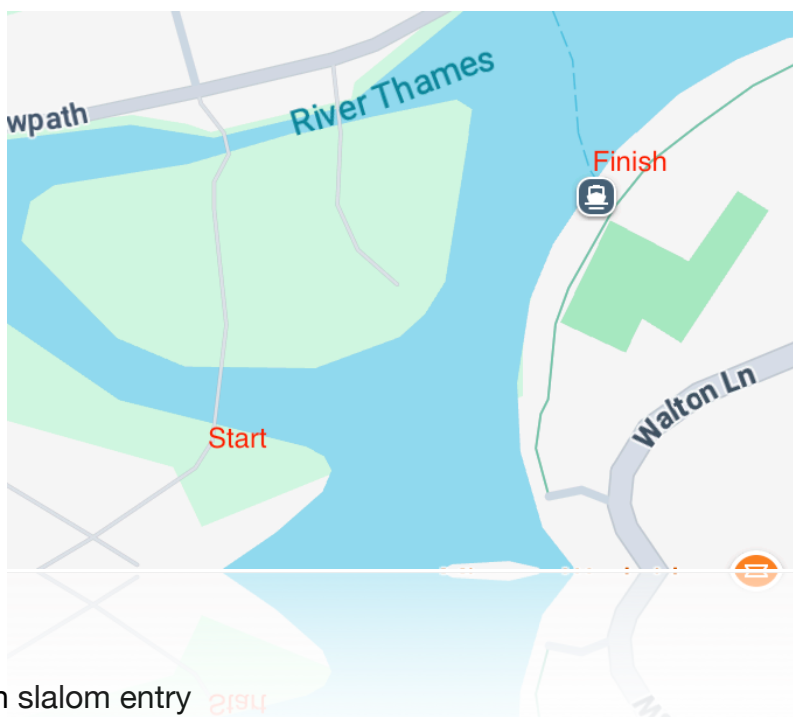
A full day of ranked Division 3 and 4 racing — perfect for first-time competitors and returning racers alike. Boat sharing and multiple class entries will be supported. We're here to race, learn, and most importantly — enjoy it.

### Team Runs – At the end of individual slalom runs

Assemble your **dream team of 3**, tackle the gates together, and race the clock. It's fast. It's wild. It's seriously good fun.

### Sprint River Race | From 4:00pm

The **London Regional Sprint WWR Championships** kicks off with an approximately 200m course. Paddlers can take **as many runs as they want**, with the best two counting toward the rankings. All boats are welcome to participate; however, **only those who confirm WWR rules**, will be included in the rankings



**Cost:** Included in slalom entry

**Non-Slalom paddlers:** £7.20 for river race (free if entered the Classic on Saturday)

**Prize Giving:** At the conclusion of the Sprint River Race (no later than 6:00pm)

**Free Practice:** Available on the slalom course outside racing periods. Bank Holiday  
Monday 26th May – Division 3 & 4 Slalom

## Monday 26th May – Division 3 & 4 Slalom

### Final Day of Ranked Racing | From 12:00pm (TBC)

Another full slalom competition day to develop skills, boost confidence, and gain rankings. Don't miss your final chance to take on the course, challenge yourself in a new class, or race head-to-head with friends. **Prize Giving:** At the end of the event.

## Entry Info & Equipment

- **Entry Fees:** £7.20 for individual days (Saturday if not entering slalom), or via Slalom Entry Portal for ranked events
- Coached sessions included in Saturday's fee
- All additional slalom or WWR classes are free to enter once registered

**Need a boat?** We've got you covered. A range of equipment will be available to borrow, including:

- General Purpose boats
- Slalom boats (K1, C1, C2)
- Wild Water Racers & Wavehoppers

***Let us know your needs in advance, and we'll make it happen.***

# Camping & Refreshments

## Camping at Shepperton – Friday to Monday

Free onsite camping is available for paddlers, clubs, and families — right next to the river. Whether you're early-morning training or enjoying riverside chats after racing, it's the perfect way to experience the weekend fully.

*Arrive Friday, leave Monday – pitch up and paddle as often as you like.*

## Food & Refreshments

### On Site (Saturday–Monday):

Food and hot drinks will be available each day, thanks to the amazing team at **Shepperton Canoe Slalom Club**.

Options include **vegan** and **vegetarian** meals, snacks, and drinks throughout the day. Nearby:

- **The Ferry Coffee Shop** (5 mins walk): Tea, coffee, and light lunches with riverside views
- **The Thames Court (Vintage Inns pub)**: Just up the road, perfect for post-race pub food and drinks with friends and family. Both venues overlook the river for a relaxed and scenic break.

## Location & Parking

**Venue:** Shepperton Weir, TW17 9LH

Exact access points and maps will be shared in advance. Parking is available nearby.

## Contact & Organiser Details

**Organising Club:** The Sharks

**Race Organiser:** Grant Underwood

**Email:** [Canoeing@TheSharks.org.uk](mailto:Canoeing@TheSharks.org.uk)

**Phone:** 07951 770241

## Bank Details

**Account Name:** The Sharks

**Account Number:** 10253238

**Sort Code:** 60 02 60

*This weekend isn't just about the results — it's about getting involved, discovering what you're capable of, and doing it all with a brilliant community of paddlers. We look forward to seeing you at Shepperton!*



# London Championships: Classic Clash

**Date:** Saturday 24th May 2025

**Distance:** ~ 3km

**Race start:** 15:00

**Check in:** 10:00 onwards

**Brief time:** 13:30

**Start:** Shepperton Weir

**Finish:** Walton Lane Bridge

## River Grade and Hazards

The course runs on the River Thames and is graded 1–2, with mostly flat, moving water. As paddlers approach Shepperton Weir, the current strengthens, creating boils and small waves through the slalom course.

Powered craft may be present on the river.

Boat safety will be in place on the weir throughout the event to support paddlers and ensure a safe racing environment.

## Additional Details:

Part of the **London Regional Wild Water Racing Championships**, the Classic tests endurance and river-reading over a lively 3km route. A great opportunity to refine your racing edge or step into something new.

**C2 Wild Water Racers are welcomed and encouraged** — it's fast, it's fun, and it's an unbeatable way to share the race. Boats are available if you want to give it a go.

This race forms part of **The Sharks Slalom & WWR Weekend** — a full paddlesport experience across slalom, sprint, and classic wild water racing. With on-site camping, great food, riverside energy, and a friendly, competitive vibe, it's the kind of weekend that reminds you why you paddle.

# London Championships: Sprint Showdown

**Date:** Sunday 25th May 2025

**Distance:** ~200m

**Race start:** 16:00

**Check in:** 10:00 onwards

**Brief time:** 14:30

## River Grade and Hazards

The course runs on the River Thames and is graded 1–2, with mostly flat, moving water. As paddlers approach Shepperton Weir, the current strengthens, creating boils and small waves through the slalom course.

Powered craft may be present on the river.

Boat safety will be in place on the weir throughout the event to support paddlers and ensure a safe racing environment.

**Start:** Shepperton Weir

**Finish:** Shepperton Lock

## Additional details:

This fast-paced sprint is part of the **London Regional Wild Water Racing Championships**, run over an exciting 200m course. Paddlers may take multiple runs, with their best two counting toward the final results. All boat types are welcome — and **C2 Wild Water Racers are especially encouraged**. New to WWR? This is a perfect chance to jump in and experience the rush.

The Sprint is one part of **The Sharks Slalom & WWR Weekend** — three days of development, competition, and riverside fun. Camp alongside friends and rivals, share stories, and celebrate the energy and openness of paddlesport. Whether you're racing hard or just finding your flow, this weekend is for you.

## Race Fees

- **Senior:** £7.20
- **Junior:** £7.20

Race fee includes participation in additional classes at no extra charge. Payment is accepted by cash or Direct Debit on race day.